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# Congestion Control

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The SBC Core detects congestion by monitoring a time-decaying average of the CPU utilization. The Overload Profile and system congestion objects provide a facility for managing call congestion on the SBC.

For additional details, refer to the following pages:

**[Signaling and Media Overload Protection](#)**

**[Adaptive Overload Control](#)**

**[Monitor Congestion Controls](#)**

**[IP Peer Overload Traffic Throttling](#)**

